

Ready to take the next step in your career?

Accelerate towards your goals and join the next cohort for the new

SmartWoman™ Programme



A programme of group and individual coaching sessions for professionals. Achieve your career goals in a supportive and encouraging environment.

- 2 group sessions & 3 individual sessions | Complete package: £550
- Programme starts Monday 17 April 2023
- Virtual coaching on Zoom from the comfort of your home or office, to suit your schedule

Book now at doering-training.com/smartwoman

We are excited to welcome new coachees to the next SmartWoman™ Programme cohort for 2023.

You benefit from being part of a group together with other female professionals, as well as receiving individual personalised coaching - all in an effective and best-value package.

Small group sessions are limited in numbers enabling rich collaboration, as well as constructive group work, exercises and discussion.

Programme Structure

Group session 1 | Monday 17 April 2023 – 90 minutes

- Improving self-confidence
- Planning a career strategy
- Using your network

3 individual coaching sessions - 50 minutes each scheduled at your convenience

- You bring your questions and goals to each session
- Unlocking greater potential aligned to your objectives and challenges
- Creating an action plan to accelerate towards your goals

Group session 2 | Monday 19 June 2023 – 90 minutes

- Staying on track
- Self-care
- Working with others



Dr. Susan Doering
executive coaching & training



Any questions - get in touch at
s.doering@doering-training.com
doering-training.com